

19,

Anonymous Questionnaire

Please answer the following questions:

While we have only met together a few times, I feel the group has been a beneficial part of my ability to focus on personal issues.

True _____ or False _____

I feel safe among members within the group.

True _____ or False _____

I feel safe among the group leaders.

True _____ or False _____

I feel that I can speak as long as is necessary to disclose issues that are important to me.

True _____ or False _____

I feel that in sharing of my own issues, other members may relate to their own experiences and be encouraged to share within the group.

True _____ or False _____

There is a sense of support within this group even when disclosure may bring up emotion due to anger, frustration, grief, or sadness.

True _____ or False _____

Confidentiality has not been a problem within our group.

True _____ or False _____

I am feeling pressure to disclose at a level that is uncomfortable for me.

True _____ or False _____

I have within myself the ability for change.

True _____ or False _____

An issue which I would like to address, but have not had the comfort to express openly would be: _____

Thank you! You are a valuable and integral member of this process!