

Reading and Exercises

Establishing Relationships						
<i>Dates: Wk. #</i>	<i>Text: Corey (Theory)</i>	<i>Text: Corey (Practice)</i>	<i>Text: Carkhuff</i>	<i>Exercises: Egan</i>	<i>*</i>	<i>*P</i>
2	Ch. 1 Introduction & Overview		Chs. 1,2,3,4: Helping & Attending	1, 2	1, 2	3, 4
3	Ch.7: Person-Centered Theory	Ch. 2: The Counselor: Person and Professional			5, 6, 7	8
4	Ch. 6: Existential Theory		Ch. 5: Responding; Appendix A & C	6, 7	9	
5	Paper Due		Ch. 5: Responding Review	8		10, 11
Facilitating Understanding						
<i>Dates: Wk. #</i>	<i>Text: Corey (Theory)</i>	<i>Text: Corey (Practice)</i>	<i>Text: Carkhuff</i>	<i>Exercises: Egan</i>	<i>*</i>	<i>*P</i>
6	Ch. 8: Gestalt Theory				12	13
7		Ch. 3 Ethical Issues in Counseling Practice		19	14	15
8	Ch. 4: Psychoanalytic Theory		Ch. 6: Personalizing	38		16
9	Ch. 5: Alderian Theory		Ch. 6: Personalizing Review			17
10	Ch. 14: Family Systems Theory					18
Taking Action						
<i>Dates: Wk. #</i>	<i>Text: Corey (Theory)</i>	<i>Text: Corey (Practice)</i>	<i>Text: Carkhuff</i>	<i>Exercises: Egan</i>	<i>*</i>	<i>*P</i>
11	Ch. 9: Behavior Theory					19, 20
12*	Ch. 10: Cognitive Behavior Theory		Ch. 7: Action	39		21
13*	Ch. 11: Reality Theory		Ch. 7: Action Review			22, 23, 24
14		Ch. 15: An Integrative Perspective Ch. 16: Case Illustration	Ch. 8	Exercises and Journal Due		25
15	Paper Due				26	

* = course materials on the web: www.edweb.csus.edu/edc/class_downloads

*P = print and bring to class