

Bicultural Development Model Stages of Identification

- I. Personal Identity:
Individuals are at a young age where personal developmental factors are learned from family.
- II. Choice of Group Categorization:
Individuals are pushed to choose an identity: 1 group
- III. Enmeshment/Denial
Individuals feel confusion/guilty of having to choose one identity over the other.
- IV. Appreciation
Individuals appreciate their multiple identities and start learning about cultures more in-depth.
- V. Integration:
Individuals are secure in their identification